

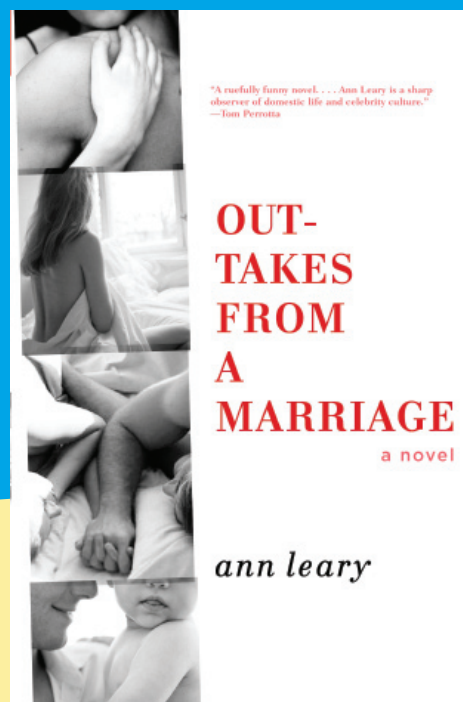
# SL Book Reviews: Life's a Beach!

By Jen Ortiz



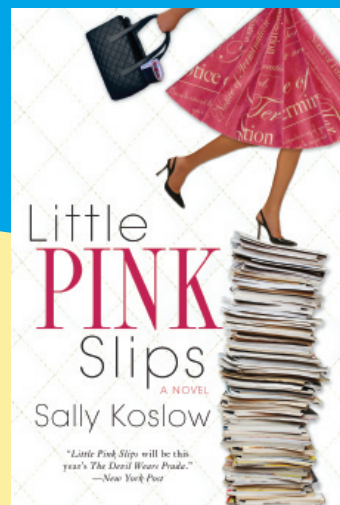
## The Park Avenue Diet by Stuart Fischer, M.D

It's official: summertime is in full swing and *The Park Avenue Diet* is here to help get you in Hamptons-ready shape, inside and out. More than just your typical diet book, Fischer gives his readers an absolute lifestyle makeover. Drawing from his own medical and educational backgrounds, as well as personal experiences and successes with his clients, Fischer also calls upon fashion and lifestyle experts to grant his readers "a permanent and positive improvement in their appearance and behavior." From fitness advice by a celebrity personal trainer, to styling tips from one of the industry's most renowned fashion consultants, to counsel on transforming into the ultimate social butterfly from NY it-girl Tinsley Mortimer— *The Park Avenue Diet* will help you to become the best *you* possible. After one read, you'll be ready for those itty-bitty bikinis, short flirty sundresses, and countless must-attend fêtes!



## Outtakes From a Marriage: A novel by Ann Leary

Partly inspired by Leary's real-life marriage to actor Denis Leary, *Outtakes from a Marriage* provides readers with a witty, refreshing, and candid look into the marital lives of the New York social-set through the lens of today's celebrity culture that surrounds us. Proving that celebrity isn't just about red-carpet smiles, while marriage and motherhood are not for the weak, Leary delivers readers a very real, very funny novel. Leary's wicked humor and playful honesty makes *Outtakes from a Marriage* the perfect summer read for married and single New Yorkers, alike.



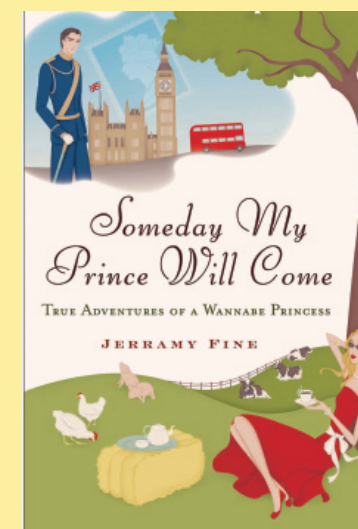
## Little Pink Slips by Sally Koslow

A little backstabbing, a few splashes of love interests, and add a twist of fashion and the glossy world of women's magazines and you've got the recipe for Koslow's *Little Pink Slips*, as delicious as any summertime cocktail! Drawing from her own first-hand experience within the world of publications, Koslow grants readers an insider's look into the sometimes cutthroat, always fabulous, industry. An addictive read, filled with scandal, gossip, and a sharp, clever writing style that you won't be able to put down.



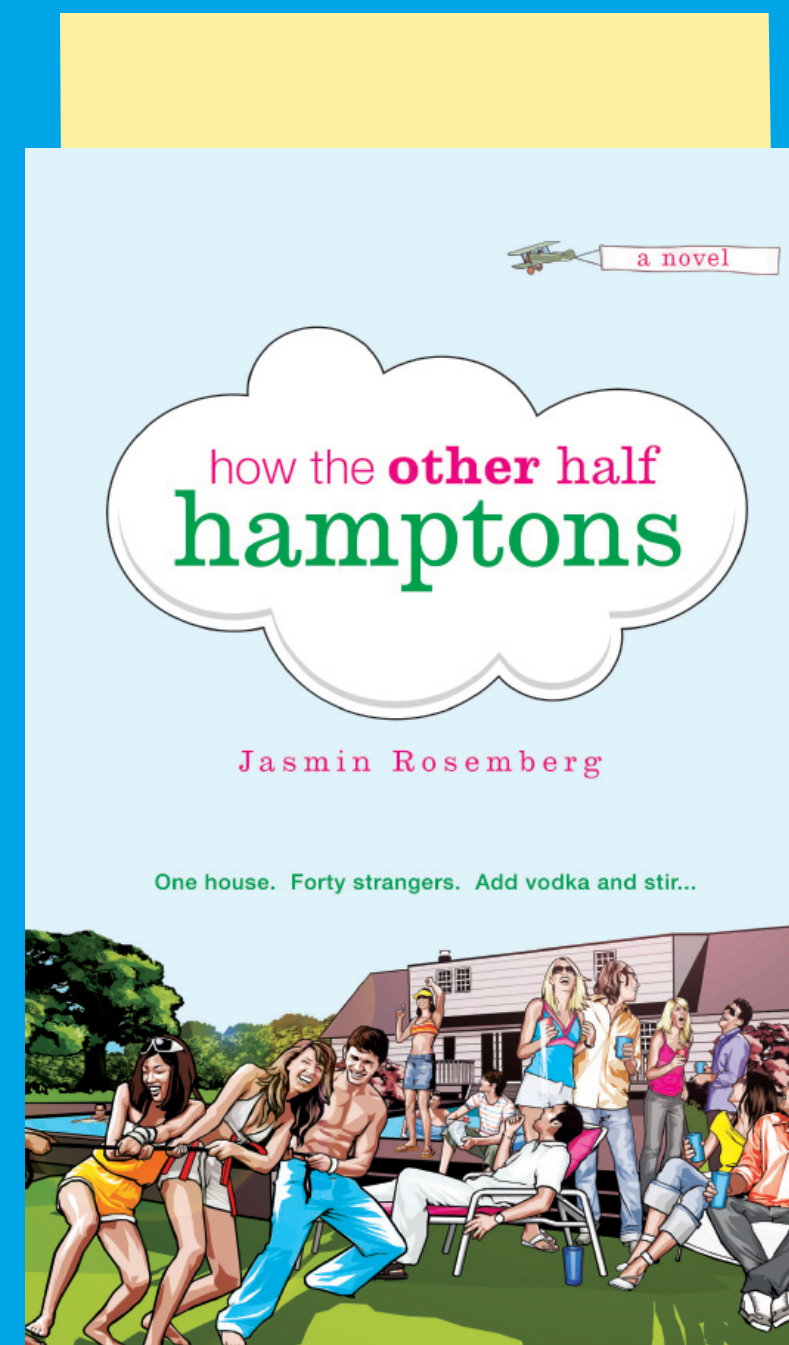
## A Hollywood Ending by Robyn Sisman

No need to run to theaters for this summer's latest romantic comedy— bestselling author, Robyn Sisman has presented readers with a story of charming characters, amusing mishaps and true love that can rival any Hugh Grant chick-flick in her book, *A Hollywood Ending*. Traveling from the glitzy red carpets of Hollywood, to the gritty streets in London's theatre district, our protagonist finds that chasing after a dream is harder than she thought, all the while finding love in the least likely of places. Sisman's book is an entertaining, cheerful summer read that will leave you daydreaming about your own Hollywood ending.



## Someday My Prince Will Come: True Adventures of a Wannabe Princess by Jerramy Fine

Let's face it ladies, life isn't exactly the Cinderella fairytale that we all dreamt of when we were little girls. For first-time author Fine, her life-long search for Prince Charming provides the motivating force behind *Someday My Prince Will Come's* collection of first-hand, single-girl experiences. Fine's dreams of royalty eventually drive her to England where she learns that the search for her fairytale ending may be a bit more difficult than that of your average Disney princess. An optimistic summertime read that inspires readers to believe and go after the impossible, all the while still trusting in *happily ever after...*



## How the Other Half Hamptons by Jasmin Roseberg

Beer pong, horrifying hookups, and fighting off countless other housemates for your turn in the bathroom— not exactly our ideal Hamptons fantasy, but for Roseberg's protagonists, three twentysomething BFFs, it's an unexpected reality. Roseberg's first-hand Hamptons experience, coupled with her light-hearted writing style and spot-on sense of comedy grants *How the Other Half Hamptons* the necessary elements for the ideal beach read. *How the Other Half Hamptons* is a sharp, sexy and hilariously fun glimpse into those sometimes not-so-fabulous Hamptons summer weekends, making it the must-need accessory to toss into your Hamptons weekender tote!